



MEASUREMENTS GUIDE

Before measuring yourself, you should take into consideration,

how **IMPORTANT** the correct measurements are.

It's up to you, how well the suit will fit you.

We will make your suit according to your measurements.

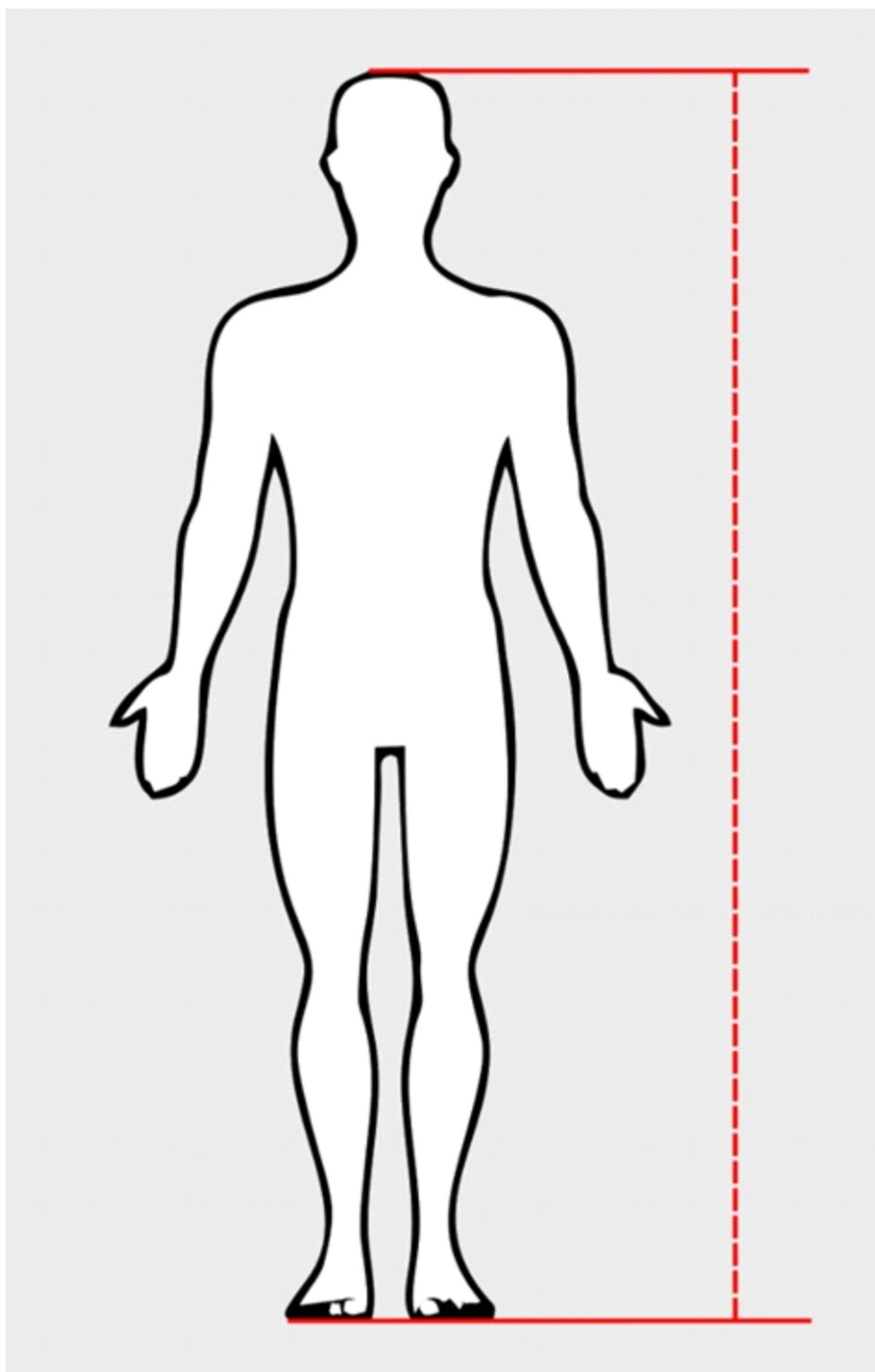
We strongly recommend that you follow these instructions:

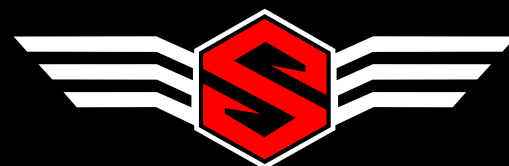
- Don't measure yourself alone. Get someone to take your measurements.
- The measuring tape should not be held too tight or too loose.
- Double check each measurement.
- Take measurements wearing a T-shirt and thin trousers.
- Follow our reference photos below to correctly measure each part of the body.



No# 01

Rider height of rider from top of his head to foot thumb.





No# 02

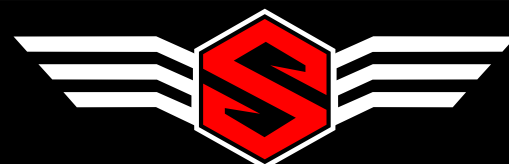
Suit height: Neck base over chest down to the ankle bone.



No# 03

Neck: Measure around the Neck as shown in picture below.





No# 04

FOR MENS

Chest: Measure all the way around the chest across the nipples.
Put your arms down. Don't over inflate your chest.



No# 04

Bust: Measure horizontally around body, over nipples and parallel to the floor. Always with a relaxed chest and arm down at side.



No# 05

Bust: Measure under bust horizontally around body at the breastbone.
Take measure with arms down at side..



No# 06

Belly: Measure all the way around the belly across the navel.
Don't pull in your belly.



No# 07

Waist: Measure circumference of your waist usually 6-7 cm below navel.
(As shown in the below picture).





No# 08

Neck to Belly: Measure from top edge of clavicle at front neck to belly button.



No# 09

Shoulder to Shoulder: Measure across the back from one top of the shoulder to the other. Keep the measuring tape straight.



Special Note: Place finger on shoulder joint and raise arm, if finger moves up and down you are too far out.



No# 10

Shoulder to Elbow: Measure the arm from top of the shoulder to wrist.



No# 11

Shoulder to Elbow: Measure the upper arm from top of the shoulder to the elbow joint.(As shown in the picture).



No# 12

Elbow to Wrist: Measure the forearm from the elbow joint to the wrist bone.(As shown in the picture).

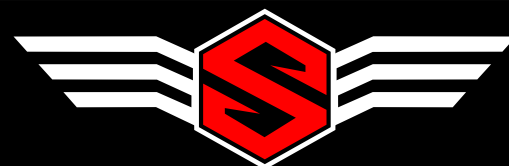




No# 13

Sleeve Length: Measure from the base at side neck to the wrist bone with your arm flexed at 90 degrees.





No# 14

Biceps: Measure around the widest point of bicep with arm flexed at 90 degrees. Measure right arm if right handed.



No# 15

Elbow: Measure around the widest point of elbow with arm relaxed at side.



No# 16

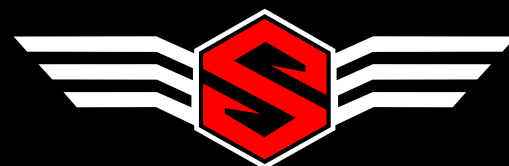
Forearm: Measure around the widest point of forearm with arm flexed at 90 degrees.



No# 17

Wrist: Measure all the way around the wrist.
(As shown in the picture).





No# 18

Back Lenght: Measure from the same point on neck base over back down to the waist.(As shown in picture).



No# 19

Hips: Measure the widest part around the buttocks.
Empty your pockets.



No# 20

Neck to Neck Crotch Size: Measure Starting from the jugular notch, underneath the crotch and up the back to the bone at the base of neck.



Special Note: Make Sure there is no space between the tape and the body in the crotch area. if your tape is not long enough, just continue from the point where you ended and add up both measurements.

No# 21

Upper Thigh: Measure the widest part of upper thigh.
Keep your leg straight.



No# 22

Lower Thigh: Measure around the lower thigh 13cm above the center of the knee cup. Keep your leg straight.



No# 23

Knee Around: Measure around the knee with leg straight, Centered over the knee cup.



No# 24

Calf: Measure around the lower leg at the widest part of the calf muscle.



No# 25

Ankle: Measure around the Ankle join.
As shown in picture.



No# 26

Inseam: Stand up straight and barefoot. Place the end of the tape high up to the crotch and measure straight down to the Ankle.

Note: Don't curl the tape over the crotch.



No# 27

Crotch to center Knee: Place the measuring tape up to crotch, the same as for legs and measure the distance to the level of the Knee center Knee.



No# 28

Center Knee to ankle bone: Measure the distance from the level of the center knee and down to the ankle.



No# 29

Side Length: Measure from the waist line (Horizontal line over the belly button), on the side, straight down to the ankle of the outside of the foot.

